

Fang Xiang Liao Fa Essential Oil Analogues Of Tcm

Kg Stiles

Fang Xiang Liao Fa Esther Aldrich, Randall Bornemann, 2013-01-20 Some people just don't like needles. Children, for example, can be very difficult to needle. Then there are people who have to be careful with herbs. Celiacs are limited in that they can only use gluten-free herbs. This book provides an alternative to both. With a 53 page TCM-based Materia Medica of essential oils, a full Materia Medica of carrier oils, and over 100 blends, all based on TCM herbal formulas, complete with point prescriptions and application techniques.

Ancient Healing for Modern People: Food, Herbs & Essential Oils to Detox, Cleanse & Rejuvenate the Body, Mind & Soul Michele Arnold-Pirtle, DACM, L.Ac., 2018-09-30 Begin with a 10-day essential body detox and gut restoration program. Continue with food therapy, essential oils, and herbal remedies for a healthy life per your meridian constitutional type. Learn what works long-term for you! If you suffer from hypertension, high cholesterol, blood sugar imbalances, thyroid disease, hormonal imbalances, stress, or emotional issues, these self-care methods offered are for you! Dr. Michele Arnold-Pirtle is a doctor of Acupuncture and Chinese Medicine (DACM). She has been in practice since 2000, and she would love to share the benefits of Chinese Medicine with you. This book is designed to be used by both the layperson as well as holistic health practitioners and acupuncturists. This can serve as a resource and guide for dietary suggestions per your meridian disharmony.

Circuits and Shen: Models of the evolution of consciousness and Chinese medicine Douglas S. Wingate, 2016-12-31 Every individual develops physically and psychologically through distinct stages of life. With each stage grows a wider perspective of self and the world around us. In *Circuits and Shen: models of the evolution of consciousness and Chinese medicine*, the spectrum of human consciousness is explored from the view of the eight circuit model of the brain and the holonomic theory of development. It is shown how these relate to brain development, psychoneuroendocrinology and holding patterns of the fascial networks throughout the body as well as Eastern subtle body systems. Utilizing this information it becomes possible to lay out a systematic means of informing Chinese medical practitioners and bodyworkers in approaches aimed at treating negative imprints, psychological impacts or physical illnesses that may develop out of each stage

Natural Healing with Essential Oils Dennis Willmont, 2003-01-01 *Natural Healing with Essential Oils* explores the world of Aromatherapy from the Chinese herbal and acupuncture perspective for both the layperson and the professional. These perspectives lend great insight into understanding how to create natural healing with essential oils on the levels of the Body, Mind, and Spirit. Part I covers basic application techniques as well as various categories for organizing essential oil knowledge including: 1) Essential Oil Chemistry, 2) the Functional Categories of Disease, 3) the Five Phases, 4) the Seven Chakras, and 5) the Twelve Spirit Points of Acupuncture. Part II covers ninety essential oils in depth and includes sections on essential oil contents, properties, functions, uses, blends, contraindications, and discussions of character types and plant signatures. It also covers important Carrier Oils and forty-four Synergies analyzed by function. Part III covers how to use essential oils for health and disease and includes extensive chapters on Psycho-Emotional Disorders; Heart and Circulatory Disease; Healing the Body, Mind, and Spirit; Breast Cancer; Prostate Cancer; Children's Disorders; Respiratory Disorders; Musculo-Skeletal Disorders; as well as a full spectrum of other disease categories from addictions to urinary problems. This book is designed to read either from cover to cover for a greater depth of insight into natural healing issues, or simply as a reference manual. It contains over two hundred fifteen charts, graphs, and figures that make it easy to understand, use, and remember the concepts that are presented in the text as well as over sixty beautiful illustrations of the plants used in the art of aromatherapy. Dennis Willmont has been practicing acupuncture, Taijiquan and Daoist meditation for thirty years. In the early 1980's he created and directed the first professional program of Shiatsu and Acupressure Therapy in North America. His unique blend of scholarship and intuition has led to the formation of a multi-volume series on the energetics and Body/Mind/Spirit connection in ancient acupuncture. Dennis uses Essential Oils and Chinese herbs in his acupuncture practice in Marshfield, Massachusetts.

Chinese Medicine Guidebook to Balance the 5 Elements & Organ Meridians with Essential Oils Master List Essential Oil "Fire, Earth, Metal, Water, Wood Elements" (Summary Book Version) KG. Stiles, 2016 LEARN THE ESSENTIAL OILS to use to balance each of the five elements and organ meridian energy channels, including the Conception Vessel (Brain), Governing Vessel (Nervous System) and the 12 Organ Meridians. Your meridians are the channels through which your emotions flow. The natural and free flow of life force energy (your emotions - energy in motion) coursing through your meridians ensures your health and longevity. While blocked or suppressed emotions result in clogged meridian channels and imbalances of health. In classic, Oriental, or Chinese Medicine all disease is seen as disordered elements. Restoring balance of the five elements and the harmonious flow of Chi through the meridians is at the heart of Chinese medicine. Essential oils can be used to balance the 5 elements and help restore the flow of chi through your meridians. You do NOT have to know Chinese Medicine or Acupuncture to use the recommended essential oil with good results. In this summary guidebook you will also learn the power and properties associated with each of the 5 elements, signs of balance and imbalance, keywords associated with each element, and the related physical and emotional symptoms of stagnation or blockage for each of the 5 elements. "I can think of no one better to teach aromatherapy than KG Stiles. Her 30 years of experience combined with her passion to assist and facilitate the personal growth and wellness of all is unsurpassed!" -Eldon Taylor, Ph.D., FAPA, New York Times Best-selling Author, 'Choices and Illusions.' "It has been a pleasure working with KG Stiles. She has been a key resource in creating a hospital based Aromatherapy program and educating the staff about the therapeutic principals and applications of essential oils. Thank you, KG!" ~Linda McGwire, RN, BSN, HNC-B "I highly recommend this course to all who are interested in holistic curing and the way that aromatherapy can be applied as an effective Mind Body technique." ~John L. Turner, MD, Neuro-surgeon, Author - *Medicine, Miracles & Manifestations* About the LoveNotes brand: LoveNotes are short reads and summary books created with the intention to inspire and support you to create the truly satisfying life you desire. Each LoveNote focuses on a specialized topic of interest and is created to help you save valuable time and get to the heart of what's most important to you quickly! Hope you love your LoveNotes as much as I enjoy creating them for you! Aromatically yours, -KG Stiles, Author Certified Clinical Aromatherapist Founder PurePlant Essentials Aromatherapy

World Century Compendium to Tcm (a 7-Volume Set) Hong-Zhou Wu, Zhao-Qin Fang, Pan-Ji Cheng, 2013 Traditional Chinese medicine (TCM), with a history of thousands of years, is the crystallization of the ancient Chinese people's experiences in their struggle against diseases. It is also an integral part of their splendid culture. Under the influence and direction of classic Chinese philosophies, it has undergone long-term medical practice and infiltrated into, as well as absorbed from, other subjects in that point in time, thus gradually evolving into a unique medical theoretical system that contributed and is still contributing significantly to the healthcare of the Chinese and the prosperity of the Chinese nation. This is the first of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. The basic theories of TCM are the theoretical foundations for guiding traditional Chinese preventive medicine and clinical medicine, and encompass aspects such as the philosophical foundation for TCM, understanding the effects of TCM on the physiology and pathology of the human body, and the principles in TCM for life cultivation, rehabilitation, diagnostics, and therapeutics. In this sense, the basic theories are regarded not only as an important part of TCM, but also as a compulsory course fundamental to the study and research of TCM. This book is compiled to allow the majority of readers to understand the theory of TCM and its methods of diagnosing and treating diseases in a relatively short period of time. It provides a brief introduction to the basic characteristics and theory of TCM, and a detailed schedule of learning commonly occurring diseases and patterns and their estimated 60 corresponding prescriptions. This is a great attempt in initiating more people to understand and apply the theory of TCM to diagnose and treat common diseases and provide corresponding formulas. This is the second of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. The 21st century is the start of an era where people are beginning to look at health and medical care from a different perspective. Understanding the conventional pattern of medical treatment alone has ceased to meet the ever-growing demands of social development, and hence, the trend of exploiting natural therapies has gradually emerged. Besides turning to Chinese medicine as an option for treatment, increasingly, the principles and practices used in this field have been garnering more interest. This is exactly the reason why this book is compiled. It is our hope that the contents can be of

help to the readers to not only understand, but suitably apply Chinese medicine in practice, and thus benefit their health. This is the third of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. This book aims to provide readers with adequate knowledge for clinical application of Chinese medicine, which is in line with the fundamental principle of “correspondence of Chinese medicinals and patterns.” It contains a brief introduction to relative theories, divides these medicinals by actions into categories such as exterior-releasing, heat-clearing, purgative, dampness-dispelling, fluid retention-disinhibiting, interior-warming, qi-regulating, blood-invigorating, blood-stanching, food accumulation-relieving, phlegm, cough- and wheezing-arresting, mind-tranquilizing, liver-calming, orifices-opening, tonifying, astringing, and worm-dispelling, and elaborates each herb in terms of its actions, quality, indications, usage, and dosage. Furthermore, mnemonics and simple and effective formulas are included to help readers effectively grasp the concepts behind practical applications, and precautions and daily practices are specifically designed to support readers in easily understanding and retaining the information. This is the fourth of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. Chinese internal medicine is a clinical subject which explains, using traditional Chinese theories, the etiology, pathology and therapeutic rules of the diseases or syndromes belonging to internal medicine. It is also the foundation for learning and research in other clinical branches of Chinese medicine, thus playing a vital role in traditional Chinese medicine (TCM). Chinese internal medicine has had a long history. Its origins can be traced back several thousand years. Through long-term diagnostic and therapeutic practices, a rich collection of experiences and theories in Chinese internal medicine has been accumulated and this has gradually evolved into a complete, distinctive and effective clinical branch. In recent decades, Chinese internal medicine has also undergone more significant developments, especially in the treatment of cardiac or cerebral vascular diseases, digestive tract diseases, renal diseases and autoimmune diseases. In order to popularize Chinese internal medicine and allow readers to grasp its basic theories as well as diagnostic and therapeutic methods, we wrote this book in a language easily comprehensible by the layman. For ease of learning by modern doctors, we proceeded from the current clinical practice and outlined the contents with Western disease names. There are more than 80 diseases discussed in this book. For each disease, the Chinese syndrome differentiation and treatment as well as modern diagnostic key points are provided, to make it more convenient for the readers to study and understand. The study of each disease should begin from its etiology, pathology and diagnostic key points, followed by the differentiated patterns and corresponding treatments. The respective points of caution for each disease should also be well-noted. Finally, the questions forming the “Daily Exercises” are useful for readers to check their comprehension and recall of the material. Given the chance, the theoretical knowledge should also be applied in clinical practice so that past knowledge is tested and new clinical knowledge and skills can be learned. Indices to the prescriptions are supplemented at the end so as to facilitate study and consultation. This book is suitable for those who are enthusiastic about TCM and with basic medical knowledge, as well as clinical TCM doctors, nursing personnel and TCM students. This is the fifth of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. With increased demands on medical health care due to societal developments, the sole dependence on modern medicine or Western medicine is clearly insufficient. Traditional Chinese medicine, once derided by many in the west, is now firmly in the global limelight due to its numerous advantages in preventing and treating diseases. Chinese medicine achieves its curative effects by making use of natural therapies such as animal and plant parts, which are of interest to many doctors and patients who are in favor of rectifying the entire state of the body. For over two thousand years, Chinese medicinal formulas have been extensively used in China as the main technique to prevent and treat. The accordance of formula and disease pattern is the most specific, objective, stable, and recurrently effective aspect of treatment based on pattern differentiation, which will be introduced in this book as a reliable analytical method. In this book, the fundamental concepts of Chinese medicine, methods of conducting pattern differentiation and composing principles of formulas, and integration of indispensable courses of Chinese medicine, such as basic theories, diagnostic methods, Chinese medicinals, formulas, treatment principles, internal medicine, and warm diseases will be discussed, opening a door for novices who are interested to learn more about Chinese medicine. Through self-study of this book in a relatively short duration, it is our hope that the reader will be familiar with and preliminarily apply the basic theories of Chinese medicine and formulas in practice. This not only serves to prevent and treat diseases, but more importantly, contributes to the spread of traditional Chinese medicine. This is the sixth of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. Acupuncture and moxibustion are one of the most important contributions our ancestors have made to humankind. In the narrow sense, acupuncture and moxibustion refer to medical therapy, whilst broadly, they are an integral science consisting of four subdisciplines: the subject of meridians and acupoints, the subject of acupuncture and moxibustion techniques, the subject of acupuncture and moxibustion therapy, and the subject of experimental acupuncture and moxibustion. This is the final of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. Traditional Chinese tui na, one of the earliest medical treatment methods with a long history tracing back to ancient times, is an important component of traditional Chinese medicine (TCM). This book is compiled with the aim of popularizing tui na modality along with allowing readers to understand and master the fundamental theories, basic techniques, commonly used acupoints and parts, and diagnosis and treatment methods of diseases in a relatively short period of time. The book is a summary of clinical experiences of tui na with practical contents and detailed illustrations, which can be easily appreciated and serve both purposes of the popularization of tui na and

adva9789086862290\This book provides a better understanding of the changing roles of non-governmental organizations (NGOs) in promoting sustainability of small and medium-sized enterprises (SMEs) in Peru. The book focuses on the domains of organic production, business social responsibility and sustainable production. The innovative study uses a combination of network and discourse analyses to identify the main patterns and shifts in the roles of NGOs in order to deal with sustainability and the market. Two major contemporary sociological theories - ecological modernization theory and network society theory - are applied to frame the analysis.

Chinese Medicine Guidebook Balance the 5 Elements & Organ Meridians with Essential Oils (Summary Book Version) Kg Stiles, 2020-03-31 Overview In classic Oriental, or Traditional Chinese Medicine, all disease is seen as disordered elements. Restoring balance to the five (5) elements and the harmonious flow of Chi is at the heart of Chinese medicine. Find out essential oils to use and how to use them to balance the 5 elements and to restore the flow of chi through the organ meridians. What you will learn: The key powers for each of the 5 elements Properties of each of the 5 elements Associated Body parts Associated chakras Actions associated with each of the 5 elements Signs of balance and imbalance Keywords associated with each element Related physical and emotional symptoms of stagnation and blockage. Essential oils to use to balance each of the 5 elements and organ meridians. Any safety cautions for each essential oil. How to use essential oils - the best methods of application to use for balancing the 5 elements and organ meridians. How to select your oils for getting desired therapeutic oils. Adaptogenic Oils The 'super' essential oils to use for each of the 5 elements and organ meridians. These essential oils are adaptogenic, meaning they have a regulating effect and will help increase or decrease the action of an element and the flow of chi in an organ meridian as needed. I can think of no one better to teach aromatherapy than KG Stiles. Her 30 years of experience and passion to facilitate the personal growth and wellness of all is unsurpassed! -Eldon Taylor, Ph.D., FAPA, New York Times Best-selling Author, 'Choices and Illusions.' I highly recommend this book to all who are interested in holistic curing and the way that aromatherapy can be applied as an effective Mind Body technique. -John L. Turner, MD, Neuro-surgeon, Author - Medicine, Miracles & Manifestations I highly recommend anyone interested in aromatherapy and holistic healing to check out KG Stiles' books. Her information goes way beyond most other authorities. -Steven Farmer, Ph.D. Best-selling author, 'Earth Magic.' KG Stiles' books and courses are written from years of experience and investigation. Highly recommended! -Jonathan Goldman, award-winning and best-selling author and Grammy nominee, 'Healing Sounds.' ABOUT KG STILES With more than four decades of training and experience as a professional holistic health practitioner, KG Stiles has helped tens of thousands of people to overcome health challenges and realize their goals and dreams. KG has worked with many celebrities and has been referred to as the, Aromatherapist to the Stars! Her clients have included entrepreneurs and top executives, and her services have been used not only by internationally

famous celebrities and athletes, but also by individuals, small business owners, spa therapists and hospitals. KG has formulated aromatherapy products for a variety of health and beauty related treatments for the global marketplace, as well as routinely blends custom formulas for clients in her consulting practice. She is the best-selling author of the award-winning book, *The Essential Oils Complete Reference Guide: Over 250 Recipes for Natural Wholesome Aromatherapy*, now in its 5th printing, and winner of a Living Now Gold Medal and Nautilus and Indie Next Generation book awards. She is the National Association of Holistic Aromatherapy (NAHA) Oregon (South) Director.

Chinese Medicine Guidebook Essential Oils to Balance the 5 Elements & Organ Meridians Kg Stiles, 2020-03-14 Overview In classic Oriental, or Traditional Chinese Medicine, all disease is seen as disordered elements. Restoring balance to the five (5) elements and the harmonious flow of Chi is at the heart of Chinese medicine. Find out essential oils to use and how to use them to balance the 5 elements and to restore the flow of chi through the organ meridians. What you will learn: The key powers for each of the 5 elements Properties of each of the 5 elements Associated Body parts Associated chakras Actions associated with each of the 5 elements Signs of balance and imbalance Keywords associated with each element Related physical and emotional symptoms of stagnation and blockage. Essential oils to use to balance each of the 5 elements and organ meridians with complete profile for each oil. How to use essential oils - the best methods of application to use for balancing the 5 elements and organ meridians. How to select your oils for getting desired therapeutic oils. Adaptogenic Oils The 'super' essential oils to use for each of the 5 elements and organ meridians. These essential oils are adaptogenic, meaning they have a regulating effect and will help increase or decrease the action of an element and the flow of chi in an organ meridian as needed. ABOUT KG STILES With more than four decades of training and experience as a professional holistic health practitioner, KG Stiles has helped tens of thousands of people to overcome health challenges and realize their goals and dreams. KG has worked with many celebrities and has been referred to as the, Aromatherapist to the Stars! Her clients have included entrepreneurs and top executives, and her services have been used not only by internationally famous celebrities and athletes, but also by individuals, small business owners, spa therapists and hospitals. KG has formulated aromatherapy products for a variety of health and beauty related treatments for the global marketplace, as well as routinely blends custom formulas for clients in her consulting practice. She is the best-selling author of the award-winning book, *The Essential Oils Complete Reference Guide: Over 250 Recipes for Natural Wholesome Aromatherapy*, now in its 5th printing, and winner of a Living Now Gold Medal and Nautilus and Indie Next Generation book awards. She is the National Association of Holistic Aromatherapy (NAHA) Oregon (South) Director. ENDORSEMENTS I can think of no one better to teach aromatherapy than KG Stiles. Her years of experience combined with her passion to facilitate the personal growth and wellness of all is unsurpassed! -Eldon Taylor, Ph.D., New York Times Best-selling Author, 'Choices and Illusions.' I highly recommend this book to all who are interested in holistic curing and the way that aromatherapy can be applied as an effective Mind Body technique. John L. Turner, MD, Neurosurgeon, Author, 'Medicine, Miracles & Manifestations.' I highly recommend anyone interested in aromatherapy and holistic healing to check out KG Stiles' books. Her information goes way beyond most other authorities. -Steven Farmer, Ph.D. Best-selling author, 'Earth Magic.' KG Stiles' books and courses are written from years of experience and investigation. Highly recommended! -Jonathan Goldman, award-winning and best-selling author and Grammy nominee, 'Healing Sounds.'

The Ultimate Guide to Chinese Herbal Medicine for Beginners William Owen Ph D, 2021-03-27 For a proper introduction to Chinese herbs, you would have to go back to ancient times, when people began using them for their health benefits-to increase energy, give the immune system a boost, ease symptoms of disease and more. Even though the body of science to back up claims about the health benefits of Chinese herbs may not be as large as what exists for prescription drugs and other treatments, today many people are embracing the wisdom of the ages and seeking herbs as complements or alternatives to their current care.

Aromatica Peter Holmes, 2016 The first of two volumes, this is a comprehensive clinical text on the principles behind the clinical use of essential oils. It builds an important foundation for essential oil therapy and includes profiles of the most important 30 essential oils used in practice. This detailed and practical database of clinical experience of essential oil therapeutics takes a truly holistic approach, focussing on the psychological, the physiological and the energetic or Chinese medical aspects. Skilfully blending the evidence of scientific research with that of clinical practice, the book builds a comprehensive therapeutic profile for each oil it presents to the reader. Based on the different administration methods used and the absorption pathways activated, it clearly differentiates the psychological, physiological and topical uses of these essential oils. An extensive Materia Medica section is included. Reliable clinical reference material is offered for all complementary therapists, including aromatherapists, medical herbalists, Chinese Medicine practitioners, energy medicine therapists and massage therapists.

Clinical Aromatherapy Peter Holmes, 2014-09-23

Professional Issues in Nursing Carol J. Huston, 2013-01-15 Using an approach that fosters critical thinking and values clarification, this textbook examines the full range of professional issues facing contemporary nursing. Coverage includes critical issues such as the nursing shortage, mandatory staffing ratios, violence in nursing, legal and ethical issues, plus the latest HIPAA regulations, career advancement and evaluations, and best practices for today and the future. This edition includes two NEW chapters: 1) a NEW chapter on developing effective leaders to meet 21st century healthcare challenges, and 2) a NEW chapter on the use of residencies for new graduate nurses as a transition to practice. In addition to these exciting additions, content has been updated throughout the book to reflect cutting-edge trends in healthcare including the impact of healthcare reform, and recommendations from the Institute of Medicine (IOM). This edition promises to be an integral tool to providing effective nursing care in an increasingly global, rapidly changing, technology driven world.

Gattefosse's Aromatherapy Rene Maurice Gattefosse, 2012-03-31 Here is the missing link in Essential Oil literature, the first modern work written by the man who coined the word 'Aromatherapy.' In July 1910 René- Maurice Gattefossé discovered the healing properties of lavender oil after severely burning his hands in a laboratory explosion. This led him into a lifetime of research into Essential Oils. His remarkable book was first published in 1937 and has been out of print for many years. Now translated, it has been edited by Robert Tisserand, author of three books on aromatherapy (including the best-seller, *The Art of Aromatherapy*), editorial adviser of the *Journal of Alternative and Complementary Medicine* and editor of *The International Journal of Aromatherapy*. The book is a fascinating blend of ancient and modern knowledge and aromatherapists will find it an essential tool of reference. Extensive notes are provided by Robert Tisserand at the back of the book. Chapters include those on human smells and animal smells, toxicity, the properties of essential oils and their constituents, the treatment of many diseases, and over fifty case studies from doctors.

Dietary Chinese Herbs Yanze Liu, Zhimin Wang, Junzeng Zhang, 2015-05-18 This work presents up-to-date information on chemical, pharmacological, clinical studies and historical uses of common dietary Chinese herbs. Authored by native experts in the field, the reader is introduced to each herb with a brief chronological review of Chinese literature on dietary herb uses, with chapters dedicated to each selected herb including color photos for each herb. In addition, Chinese characters as well as the Latin botanical name indices, and chemical structures for the known active compounds are also provided. The clear layout examines the health benefits that have been studied for centuries, including current clinical and toxicological data. A wide range of Traditional Chinese Medicine (TCM) herbs are investigated for their suitability into daily diets for maintaining general wellness or disease prevention. In the past decades, natural health products, dietary supplements, functional foods, or nutraceuticals have emerged in the West due to the increasing demand for non-pharmaceutical healthcare products. Traditional Chinese Medicine disease prevention and treatment incorporates the use of foods, and herbal medicine in an integrated manner, and thus the dietary Chinese herbs in used in TCM for thousands of years could be sources for developing new, effective, and safe ingredients to capture the rapidly expanding opportunity in the global market place.

A History of Chinese Science and Technology Yongxiang Lu, 2014-10-10 A History of Chinese Science and Technology (Volumes 1, 2 & 3) presents 44 individual lectures, beginning with Ancient Chinese Science

and Technology in the Process of Human Civilizations and an Overview of Chinese Science and Technology, and continuing with in-depth discussions of several issues in the History of Science and the Needham Puzzle, interspersed with topics on Astronomy, Arithmetic, Agriculture and Medicine, The Four Great Inventions, and various technological areas closely related to clothing, food, shelter and transportation. This book is the most authoritative work on the history of Chinese Science and Technology. It is the Winner of the China Book Award, the Shanghai Book Award (1st prize), and the Classical China International Publishing Project (GAPP, General Administration of Press and Publication of China) and offers an essential resource for academic researchers and non-experts alike. It originated with a series of 44 lectures presented to top Chinese leaders, which received very positive feedback. Written by top Chinese scholars in their respective fields from the Institute for the History of Natural Sciences, Chinese Academy of Sciences and many other respected Chinese organizations, the book is intended for scientists, researchers and postgraduate students working in the history of science, philosophy of science and technology, and related disciplines. Yongxiang Lu is a professor, former president and member of the Chinese Academy of Sciences (CAS) and Chinese Academy of Engineering (CAE), and Vice Chairman of the National Congress of China.

Culture, Philosophy, and Chinese Medicine Fengli Lan, 2012 Chinese medicine is a culturally dependent art of healing deeply rooted in the culture and philosophy of the country it originated from: China. This book has three independent but progressive parts, each bearing the title of one of the three courses taught by the author as a visiting professor at the Faculty of Philosophy, Vienna University, in the 2010-2011 winter semester, namely: Overview of Chinese Culture through Chinese Characters, Fundamental Concepts of Classical Chinese Philosophy and The Importance of Metaphors in Chinese Medicine, which are in the fields of philosophy of language, philosophy of science, and intercultural philosophy, aiming to reveal the essence of philosophy of Chinese language, classical Chinese philosophy and Chinese medicine within the context of a global, multicultural background. This book sums up the author's research outcome of the last few years in an area of study on culture, philosophy and Chinese medicine which has been too often misunderstood or insufficiently emphasized.

Herbal Medicine in Depression Clara Grosso, 2016-05-30 This book is written for researchers, undergraduate students and postgraduate students, physicians and traditional medicine practitioners who develop research in the field of neurosciences, phytochemistry and ethnopharmacology or can be useful for their practice. Topics discussed include the description of depression, its biochemical causes, the targets of antidepressant drugs, animal and cell models commonly used in the research of this pathology, medicinal plants and bioactive compounds with antidepressant activity used in traditional medicine, advances in nanotechnology for drug delivery to the brain and finally the future challenges for researchers studying this pathology.

Medicinal Orchids of Asia Eng Soon Teoh, 2016-08-30 This unique book brings together a wealth of data on the botanical, ethno-medicinal and pharmacological aspects of over 500 species of Asian medicinal orchids. It starts off by explaining the role and limitations of complimentary and herbal medicines, and how traditional Asian medicine differs from Western, "scientific" medicine. The different Asian medical traditions are described, as well as their modes of preparing herbal remedies. The core of the book presents individual medicinal orchid species arranged by genera. Each species is identified by its official botanical name, synonyms, and local names. Its distribution, habitat and flowering season, uses and pharmacology are described. An overview sums up the research findings on all species within each genus. Clinical observations are discussed whenever available, and possible therapeutic applications are highlighted. The book closes with chapters on the conservation of medicinal orchids and on the role of randomized clinical trials.

The Role of Phytoconstituents in Health Care Megh R. Goyal, Hafiz Ansar Rasul Suleria, Ramasamy Harikrishnan, 2020-02-04 This informative volume provides new insights with scientific evidence on the uses of medicinal plants in the treatment of certain diseases. It reviews various therapies with herbal phytoconstituents for certain types of disorders, modes of action, and pharmacological screening. It focuses on potential benefits of herbal extracts and bioactive compounds for human health care, provides a comparative phytoconstituent analysis of selected medicinal plants using GCMS/FTIR techniques, and discusses the role of herbal medicines in female genital infections. It goes on to look at the health-boosting properties of cabbage and the functional properties of milk yam (*Ipomoea digitata* L.).

Symmetry in Mechanical Engineering Adam Glowacz, Grzegorz Królczyk, Jose A. Antonino-Daviu, 2020-06-03 Recent advancements in mechanical engineering are an essential topic for discussion. The topics relating to mechanical engineering include the following: measurements of signals of shafts, springs, belts, bearings, gears, rotors, machine elements, vibration analysis, acoustic analysis, fault diagnosis, construction, analysis of machine operation, analysis of smart-material systems, integrated systems, stresses, analysis of deformations, analysis of mechanical properties, signal processing of mechanical systems, and rotor dynamics. Mechanical engineering deals with solid and fluid mechanics, rotation, movements, materials, and thermodynamics. This book, with 15 published articles, presents the topic "Symmetry in Mechanical Engineering". The presented topic is interesting. It is categorized into eight different sections: Deformation; Stresses; Mechanical properties; Tribology; Thermodynamic; Measurement; Fault diagnosis; Machine. The development of techniques and methods related to mechanical engineering is growing every month. The described articles have made a contribution to mechanical engineering. The proposed research can find applications in factories, oil refineries, and mines. It is essential to develop new improved methods, techniques, and devices related to mechanical engineering.

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